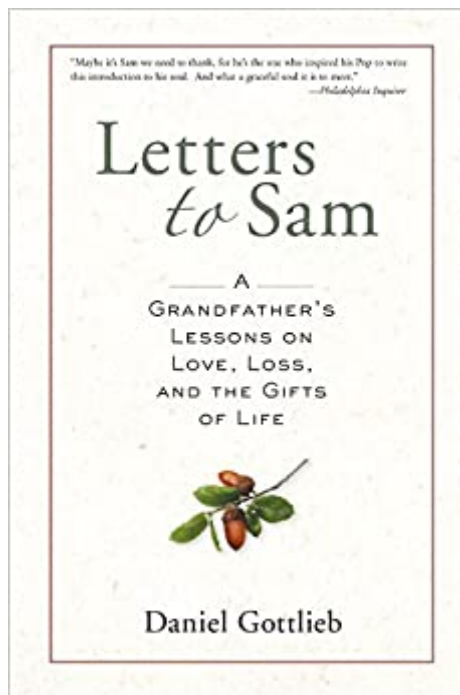




The book was found

Letters To Sam: A Grandfather's Lessons On Love, Loss, And The Gifts Of Life



Synopsis

When his grandson was born, Daniel Gottlieb began to write a series of heartfelt letters that he hoped Sam would read later in life. He planned to cover all the important topics—dealing with your parents, handling bullies, falling in love, coping with death—and what motivated him was the fear that he might not live long enough to see Sam reach adulthood. You see, Daniel Gottlieb is a quadriplegic—the result of a near-fatal automobile accident that occurred two decades ago—and he knows enough not to take anything for granted. Then, when Sam was only 14 months old, he was diagnosed with Pervasive Developmental Disability, a form of autism, and suddenly everything changed. Now the grandfather and grandson were bound by something more: a disability—and Daniel Gottlieb’s special understanding of what that means became invaluable. This lovingly written, emotionally gripping book offers unique—and universal—insights into what it means to be human.

Book Information

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Customer Reviews

In addition to his thriving psychotherapy practice, Daniel Gottlieb serves as the host of Voices in the Family, an award-winning mental health call-in show on Philadelphia’s much-respected public radio station, WHYY. He also writes a bimonthly column for the Philadelphia Inquirer entitled “On Healing” and is the author of two books. He lectures locally and nationally on a variety of topics affecting the well-being of people, families, and the larger community.

This is a wonderful book. It brings me great peace and understanding. Daniel Gottlieb has the benefit of surviving and thriving despite his many challenges. He brings not only the wisdom he has derived from his own experiences, but that of countless patients. He also writes beautifully and simply - no jargon. I have read this book at least 8 times and each time I find a new pearl. I carry it with me and read it when I find myself in a waiting room or airport/airplane. I have given this book to many people.

A very touching book

This book was so helpful and insightful, I bought copies for several of my friends. I learned about this book from my mother who is in her eighties. She has had to deal with the challenges of aging, she found the writer to be validating of her struggle yet inspiring. As a psychotherapist, I have recommended this book to my clients and they have enjoyed and benefited greatly from reading it. I would certainly recommend this book to everyone, but especially those individuals who are facing illness, death and loss, or just need some perspective on how to deal with adversity.

Based on an Autistic son from a father's experience

It's about a grandfather's unconditional love.

I don't usually write reviews but this book is unbelievably inspiring.. I read it over and over. I plan to buy more copies for my friends and family it's that great.

this book is so touching!!! because it not a novel. it is his real life and sincere advice from his experience. 'Letters to Sam' teach me how to find appreciation and meaning in my life. I really appreciate Dr. Gottlieb wrote this book and show me how to make a meaningful life!!!

A heart touching book.

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